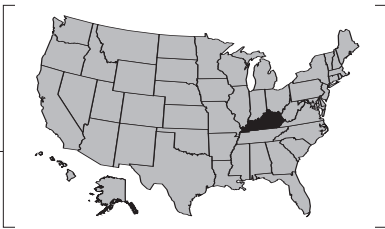


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Kentucky

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	20.6
Age 10-11	21.9	29.7
Age 12-14	14.4	18.3
Age 15-17	10.7	17.0
0-99% Federal poverty level	22.4	30.3
100-199% Federal poverty level	19.0	24.1
200-399% Federal poverty level	13.7	15.1
400% Federal poverty level or more	9.1	12.7
Male	18.1	24.0
Female	11.5	17.4
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	68.4
Age 10-11	78.2	78.6
Age 12-14	74.2	71.6
Age 15-17	63.3	57.0
Male	76.8	74.4
Female	65.6	62.3
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	53.0
Age 10-11	61.5	59.3
Age 12-14	61.6	56.6
Age 15-17	53.4	44.4
Male	62.1	56.6
Female	55.0	49.8
Percent of children with at least one parent who exercises regularly	72.9	74.5